

## Key Features and Benefits

- **Anatomically correct motion**
- **Lightweight and compact design accommodates bed or chair use**
- **Fully adjustable range of motion through Inversion/Eversion and Plantar Flexion/Dorsiflexion motions**
- **Orthopaedic shoe for comfort and stability**
- **Rechargeable battery operation**
- **Reverse-on-Load patient safety feature and hand-operated patient on/off safety switch**

The A3 Ankle CPM is the latest device to provide anatomically correct motion to both the ankle and subtalar joints. Fully adjustable range of motion facilitates inversion/eversion, plantar/dorsiflexion, or a combination of both.

Advanced, compact design makes the A3 ideal for both home and hospital settings. Adjustable softgoods, including an orthopaedic shoe, enables patients to customize the fit to ensure both optimum treatment results and superior comfort.

Ease of operation is facilitated by a programmable motion controller and a hand-held patient on/off safety switch.

A Reverse-on-Load safety feature ensures the A3 will reverse the direction of motion should the patient resist motion, or if motion is obstructed.



# A3

ANKLE CPM

passionate about motion™

ORTHOREHAB™

# A3

ANKLE CPM



Achieves a full 0 to 60° of dorsiflexion and 0 to 60° of plantar flexion.



Achieves a full 0 to 60° of inversion and 0 to 60° of eversion, or a combination of inversion/eversion and flexion/extension.



The A3 rechargeable Programmable Motion Controller simplifies setting range of motion. The rechargeable battery provides up to 12 hours of continuous use on a single charge.

## Application

Continuous Passive Motion (CPM) is best applied immediately post-operative and continued, uninterrupted, for up to six weeks, or as prescribed by the physician.

## Clinical Results:

Clinical studies have demonstrated the following benefits of CPM:

- Prevention of intra-articular adhesions and extra-articular contractures;
- Improved patient compliance with passive and active therapies;
- Prevention of the negative effects of immobilization.

## Indications:

The immediate post-operative management of joints after the following types of surgical procedures:

- Athrotomy
- Stable fractures
- Synovectomy
- Arthroplasty
- Reconstructive surgery on bone, cartilage, tendons, and ligaments
- Prolonged joint immobilization
- Surgical lengthening of the achilles tendon due to post trauma stiffness

## Contraindication:

Do not use the device if any of the following are present:

- Untreated or uncontrolled infection
- Acute inflammatory arthrosis
- Spastic paralysis
- Unstable fractures
- Hemorrhage

Note: Upon using the device, if signs of infection such as hyperthermia, fever, redness, irritation, warmth, swelling, bleeding, and/or increased persistent pain are present, discontinue operation of the device and contact the patient's physician. Do not proceed with treatment until the physician has approved continued use of the device.

## Ordering Information:

**A3-100U:** A3 Ankle CPM Device  
Includes: Patient Kit, Rechargeable Programmable Motion Controller, Power Supply and Instruction Manual.

**A3-101:** A3 Ankle disposable softgood

**A3-103W:** Disposable Shoe Kit, Women's Medium

**A3-103M:** Disposable Shoe Kit, Men's Medium

## Specifications:

Dimensions of Device:	42.3 cm x 48.3 cm x 33 cm (17" x 19" x 13")	
Weight Includes Softgoods:	4.5 kg (approx. 10 lbs.)	
Range of Motion:	Plantar Flexion	0 - 60°
	Dorsiflexion	0 - 60°
	Inversion	0 - 60°
	Eversion	0 - 60°
Rate of Speed:	80 degrees per minute (approximately)	
Battery Life:	10-12 hours	
Certification:	CSA, CE	



In the USA call:  
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[www.orthorehab.com](http://www.orthorehab.com)

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