

operating the WaveFlex hand/fist CPM unit

Device Trouble Shooting

IF THE CPM DEVICE IS NOT WORKING, CHECK FOR THE FOLLOWING:

The device is plugged into the outlet.

The outlet has an electrical source.

If a light switch operates the outlet, make sure the switch is turned on.

PROBLEM

Device stops at either the top or bottom of the ROM.

POSSIBLE CAUSE

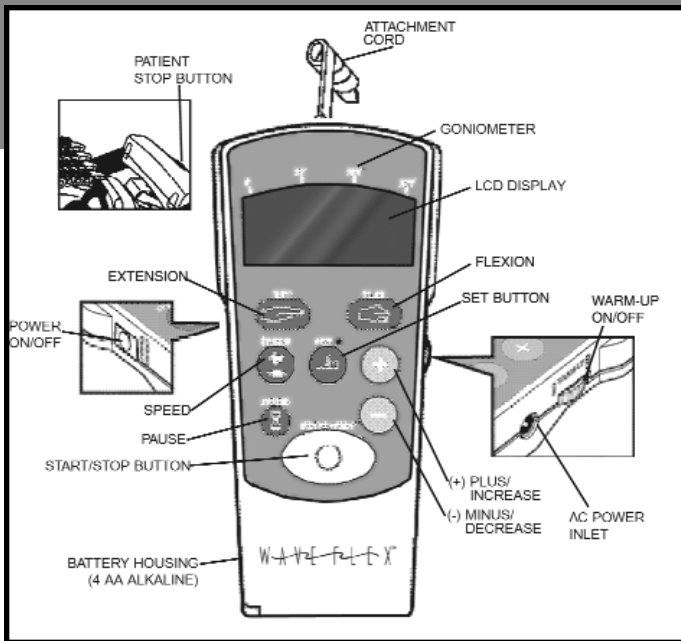
Pause button needs to be reset to zero, press to reset.

PROBLEM

Controller displays an error code.

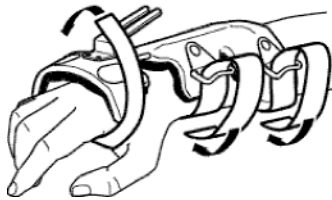
POSSIBLE CAUSE

Device needs to be reset. Turn the device off at the power switch and wait 30 seconds before turning back on.



ATTACHING THE SPLINT

Place the splint on the forearm with the distal end of the splint extending to the middle of the MP joints. Next, form the sides of the Splint to contour to the forearm and hand. Tighten the splint onto the forearm and hand with the Velcro straps.



ATTACHING FINGER CLIPS AND FINGER ACTUATORS

The Finger Actuators are designed to easily clip in and out of the Finger Clips. To attach the Finger Actuators, roll the end of the Finger Actuator (Lock for Finger Clip) into the Finger Clip until you hear it engage. Ensure Lock for Finger Clips are secure.

To detach the Finger Actuator, pinch together the lock for finger clip and laterally slide the lock for finger clip out of the Finger Clip.

Important: Attaching the Finger Actuators to the Finger Clips is best done after the CPM Actuator is attached to the splint and positioned correctly.

BEFORE PROGRAMMING

1. Ensure the device is completely assembled prior to operation.
2. Attach the cable from the Motion Controller to the CPM Actuator.
3. Install batteries, or plug the AC adapter into the Motion Controller and a grounded wall outlet.
4. Turn the device On and Off from the POWER ON/OFF button on the Motion Controller. The LCD window displays the current range of motion position of the device.

5. Before programming the CPM, ensure the device is not running. If it is, stop the device by pressing the START/STOP button on the Motion Controller.

SETTING THE RANGE OF MOTION (ROM)

Press the SET BUTTON. Select and press either the Flexion or the Extension Button and then press the + (increase) or - (decrease) button. The LCD display will change slowly for precise adjustment and then will begin to change rapidly for quicker adjustment. Press the SET BUTTON to return to the run mode. Press the Start/Stop button to initiate treatment.

SPEED SETTING

To check the speed setting, press the SET BUTTON. To adjust the speed, press the Speed button and then press the + (increase) or - (decrease) button. The speed options are 1-4. Press the SET BUTTON to return to the run mode. Press the Start/Stop button to initiate treatment.

PAUSE SETTINGS

To check the pause setting press the SET BUTTON. Select and press either the Flexion or the Extension Button. To adjust the pause, press the + (increase) or - (decrease) button. The Waveflex allows up to a 30 second pause. Press the SET BUTTON to return to the run mode. Press the Start/Stop button to initiate treatment.

CAUTION: ADJUST MOTION SETTINGS ONLY UNDER PHYSICIAN'S OR THERAPIST'S ORDERS.



getting back to motion!



Your doctor just chose the best for you. OrthoRehab is passionate about motion and we have the products and devices that, as part of your rehabilitation, will help your recovery take a big step forward.

As the leading accredited provider of Continuous Passive Motion (CPM),

OrthoRehab's people and products have consistently been among the top ranked rehabilitation companies with surgeons, therapists and patients. Now that your surgery is over, our CPM therapy will play a key role in your recovery.

With over a decade of continual research and development, our CPM devices set the industry standard for quality and technological capability. This dedication continues today and can be seen in our wide array of CPM devices and other orthopaedic products. Working with leading surgeons and physicians, we continue to provide products and services that smooth your road to recovery.

What is CPM?

CPM is a post-operative, therapeutic modality that passively (without patient effort), moves a joint through a prescribed range of motion, referred to as ROM.

Most of the time after orthopaedic surgery or other joint trauma, it is painful to move a joint actively (with patient effort), so most people will keep the joint still. The problem with this is that joints get stiff when they are not moved. CPM is beneficial because it keeps the joint moving effortlessly, in a slow, controlled pattern. This motion increases blood flow to the injured tissue.

CPM is safe and effective, and in the long-term it will help to maintain your ROM, decrease your pain, and keep you moving.

Service Beyond the Equipment

OrthoRehab has sales and service individuals nationwide, and a full staff of representatives that work with your doctor and insurance company every step of the way.

To arrange for home therapy, your doctor or office nurse calls an OrthoRehab representative. We discuss your upcoming surgery and make arrangements with you to deliver your CPM device and any other orthopaedic products your doctor has prescribed for you at home. We set the CPM device up, adjust it, and show you how it is used. For the duration of your home CPM use, we

are available to assist you whenever you have concerns. You can only benefit from CPM if you use it as prescribed, so we monitor your progress and communicate with your doctor or therapist if necessary. When your therapy is complete, just call us and we will pick up the CPM device. Our team approach makes the whole process easy for everyone.

Processing the Paperwork

Most medical insurance policies provide orthopaedic home therapy benefits. OrthoRehab is a "third-party biller" and, as a courtesy, we will take care of communicating with your insurance company to work on getting a pre-verification of insurance coverage and an authorization for a CPM device. While you are still responsible for the total amount due, most insurance companies will pay 80% of the cost, after your deductible is met. If you are not sure about your insurance coverage, contact your insurance claims payment office with questions concerning your policy.

In addition to a line of CPM devices for almost every major area of the body, OrthoRehab also carries a large variety of orthopaedic items including electrotherapy, cold therapy, bracing and compression therapy products. Our reimbursement specialists can help you with the paperwork on these items also.

SAFETY INSTRUCTIONS

- Keep hair, loose clothing, fingers and all parts of the body away from moving components of the device.
 - Do not expose the device to water or extreme temperatures.
 - Turn the power off before unplugging.
 - Unless using the device or recharging the battery, turn the device off and unplug from the power supply.
 - Do not use the device, power supply or controller if it appears damaged or if there are exposed wires.
 - Do not pour cleaning solution directly onto the device. This may allow fluids to damage the device.
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If you have pain, discomfort or treatment questions, contact your physician.

For Emergency Planning/Transportation, contact the Red Cross at 800.234.5ARC (234.5272)

For Senior Services, contact Elder Care at 1.800.677.1116

For questions regarding claims, billing, and reimbursement, please contact your reimbursement specialist at: 1.800.711.2205 8 AM to 5 PM (AZ)

For questions about your CPM device, contact your local representative at: 1.800.RENT.CPM (800.736.8276)

For Customer Service, contact us at: 1.800.225.1814 8 AM to 5 PM (AZ)

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